

SWALLOWS OF HELSTON

PROPOSED CONSTITUTION

FOR A CHARITABLE UNINCORPORATED ASSOCIATION

NOT TO BE REMOVED

**FROM
SWALLOWS OF HELSTON REGIONAL GYMNASTICS CENTRE
THE GUNSMITHS
WATER-MA-TROUT
HELSTON**

CONSTITUTION FOR A CHARITABLE UNINCORPORATED ASSOCIATION

adopted by unanimous resolution at the Special General Meeting held at 7.00pm on Wednesday 9th March 1994.

A NAME

The name of the Association is The Swallows of Helston Regional Gymnastics Centre (short title Swallows of Helston) [hereinafter called the Charity].

B ADMINISTRATION

Subject to the matters set out below the Charity and its property shall be administered and managed in accordance with this constitution by the members of the Executive Committee, constituted by clause H of this constitution ("the Executive Committee").

C OBJECTS

The Charity's objects ("the objects") are

- (i) to organise, provide or assist in the organisation or provision of facilities which will enable and encourage children and young people in full time education to undertake gymnastics and to assist in ensuring that due attention is given to the physical education and development of such children and young people as well as to the development and occupation of their minds.
- (ii) To organise, provide or assist in the organisation or provision of gymnastic facilities for children of pre-school age with the object of improving their conditions of life.

D POWERS

In furtherance of the objects but not otherwise the Executive Committee may exercise the following powers:

- (i) power to raise funds and to invite and receive contributions provided that in raising funds the Executive Committee shall not undertake any substantial permanent trading activities and shall conform to any relevant requirements of the law;
- (ii) power to buy, take on lease or in exchange any property necessary for the achievement of the objects and to maintain and equip it for use;
- (iii) power subject to any consents required by law to sell, lease or dispose of all or any part of the property of the Charity;
- (iv) power subject to any consents required by law to borrow money and to charge all or any part of the property of the Charity with repayment of the money so borrowed;
- (v) power to employ such staff (who shall not be members of the Executive Committee) as are necessary for the proper pursuit of the objects and to make all reasonable and necessary provision for the payment of pensions and superannuation for staff and their dependants;
- (vi) power to co-operate with other charities, voluntary bodies and statutory authorities operating in furtherance of the objects or of similar charitable purposes and to exchange information and advice with them;

- (vii) power to establish or support any charitable trusts, associations or institutions formed for all or any of the objects;
- (viii) power to appoint and constitute such advisory committees as the Executive Committee may think fit;
- (ix) power to do all such other lawful things as are necessary for the achievement of the objects

E SUBSCRIPTIONS

1. All annual subscriptions (except the first subscription of a new member) shall be payable on the first day of October in each year.
2. If any member shall fail to pay his or her annual subscription on or before the 31st of October in each year, notice shall be sent out to the member and if they do not pay the current amount within fourteen days from the posting of such notice they will forthwith be deemed no longer to be a member. If at any time thereafter the member gives notice to the Executive Committee of a satisfactory explanation for failure to comply with Clause E 1, he or she may at the discretion of the committee and upon payment of such arrears as the Committee direct, be readmitted to membership.
3. A member shall not be entitled to take part in any of the Charity's activities during such time as his or her annual subscription remains unpaid in whole or in part.
4. Any person shall, upon ceasing to be a member of the Charity, forfeit all right to and claim upon the Charity and its property and funds.

F MEMBERSHIP

1. Membership of the Charity shall be open to:
 - (i) individuals (over the age of 18 years) who are interested in furthering the work of the Charity and who have paid any annual subscription laid down from time to time by the Executive Committee (referred to herein as ordinary members), and
 - (ii) any body corporate or unincorporated association which is interested in furthering the Charity's work and has paid any annual subscription (any such body being called in this constitution a "member organisation").
2. Every member shall have one vote with the exception of Junior Members described in sub-clause 7 of this Clause.
3. Each member organisation shall appoint an individual to represent it and to vote on its behalf at meetings of the Charity; and may appoint an alternate to replace its appointed representative at any meeting of the Charity if the appointed representative is unable to attend.
4. Each member organisation shall notify the name of the representative appointed by it and of any alternate to the secretary. If the representative or alternate resigns from or otherwise leaves the member organisation, he or she shall forthwith cease to be the representative by the member organisation.

5. The Executive Committee may unanimously and for good reason terminate the membership of any individual or member organisation: Provided that the individual concerned or the appointed representative of the member organisation concerned (as the case may be) shall have the right to be heard by the Executive Committee, accompanied by a friend, before a final decision is made.
6. There shall be the following additional categories of membership, namely Founder Members, Honorary Life Members and Junior Members. Honorary Life Members may be elected by unanimous decision of the Executive Committee or by majority decision of the annual meeting and shall have the voting rights of ordinary members. They shall be persons over the age of 18 years who have in the opinion of the Executive Committee or annual meeting shown exemplary and beneficial service to the objects of the charity and shall be exempt from the annual subscription referred to in Clause E (1).
7. Junior membership shall be open to any person in furtherance of the objects of the charity who is not eligible for any other class of membership and who has paid the annual subscription for this class of membership laid down from time to time by the Executive Committee. Junior members shall have no voting rights but shall otherwise be subject to the rules governing ordinary membership except that they may not serve on the Executive Committee.
8. A Founder Member shall be any person over the age of 18 years who as donated not less than twenty five pounds to the charity prior to the 31st of October 1994. Founder members shall be deemed to be ordinary members for their lifetime and shall have the voting rights of ordinary members. They shall be exempt from the annual subscription referred to in Clause E (1).
9. Ordinary members referred to in Clause F1 sub-clause (1), Honorary Life Members and Founder Members are members whose involvement is to provide the charity with members who are able to vote at meetings at which, inter alia, the Executive Committee members are selected and who may also assist with the organisation or provision of the facilities required to enable the objects to be fulfilled at the absolute discretion of the Executive Committee.

G. HONORARY OFFICERS

At the annual general meeting of the Charity the members shall elect from amongst themselves a chairman, a secretary and a treasurer, who shall hold office from the conclusion of that meeting.

H. EXECUTIVE COMMITTEE

1. The Executive Committee shall consist of not less than 8 members nor more than 12 members being:
 - (a) the Honorary officers specified in the preceding clause;
 - (b) not less than 5 and not more than 8 members elected at the annual general meeting who shall hold office from the conclusion of that meeting;

- (c) up to 4 nominated members appointed as follows:
One to represent the member organisation(s), if any

Up to three holding trustees who may have been appointed under Clause M shall also be ex-officio members of the Executive Committee with the same duties and responsibilities as the remaining committee members and shall serve on the Executive Committee so long as they remain holding trustees.

2. The Executive Committee may in addition appoint not more than 3 co-opted members but so that no-one may be appointed as a co-opted member if, as a result, more than one third of the members of the Executive Committee would be co-opted members. Each appointment of a co-opted member shall be made at a special meeting of the Executive Committee called under clause R and shall take effect from the end of that meeting unless the appointment is to fill a place which has not then been vacated in which case the appointment shall run from the date when the post becomes vacant.
3. All members of the Executive Committee shall retire from office together at the end of the annual general meeting next after the date on which they came into office but they may be re-elected or re-appointed.
4. The proceedings of the Executive Committee shall not be invalidated by any vacancy among their number or by any failure to appoint or any defect in the appointment or qualification of a member.
5. Nobody shall be appointed as a member of the Executive Committee who is aged under 18 or who would if appointed be disqualified under the provisions of the following clause.
6. No person shall be entitled to act as a member of the Executive Committee whether on a first or on any subsequent entry into office until after signing in the minute book of the Executive Committee a declaration of acceptance and of willingness to act in the trusts of the Charity.

I DETERMINATION OF MEMBERSHIP OF EXECUTIVE COMMITTEE

A member of the Executive Committee shall cease to hold office if he or she:

1. is disqualified from acting as a member of the Executive Committee by virtue of section 45 of the Charities Act 1992 (or any statutory re-enactment or modification of that provision);
2. becomes incapable by reason of mental disorder, illness or injury of managing and administering his or her own affairs;
3. is absent without the permission of the Executive Committee from all their meetings held within a period of six months and the Executive Committee resolve that his or her office be vacated; or
4. notifies to the Executive Committee a wish to resign (but only if at least three members of the Executive Committee will remain in office when the notice of resignation is to take effect).

J. EXECUTIVE COMMITTEE MEMBERS NOT TO BE PERSONALLY INTERESTED

1. [Subject to the provisions of sub-clause (2) of this clause] no member of the Executive Committee shall acquire any interest in property belonging to the Charity (otherwise than as a trustee for the Charity) or receive remuneration or be interested (otherwise than as a member of the Executive Committee) in any contract entered into by Executive Committee.
2. Any member of the Executive Committee for the time being who is a solicitor, accountant or other person engaged in a profession may charge and be paid for all the usual professional charges for business done by him or her or his or her firm when instructed by the other members of the Executive Committee to act in a professional capacity on behalf of the Charity: Provided that at no time shall a majority of the members of the Executive Committee benefit under this provision and that a member of the Executive Committee shall withdraw from any meeting at which his or her own instruction or remuneration, or that of his or her firm, is under discussion.

K MEETINGS AND PROCEEDINGS OF THE EXECUTIVE COMMITTEE

1. The Executive Committee shall hold at least two ordinary meetings each year. A special meeting may be called at any time by the chairman or by any two members of the Executive Committee upon not less than 4 days' notice being given to the other members of the Executive Committee of the matters to be discussed but if the matters include an appointment of a co-opted member then not less than 21 days notice must be given.
2. The chairman shall act as chairman at meetings of the Executive Committee. If the chairman is absent from any meeting, the members of the Executive Committee present shall choose one of their number to be chairman of the meeting before any other business is transacted.
3. There shall be a quorum when at least one third of the number of members of the Executive Committee for the time being or three members of the Executive Committee, whichever is the greater, are present at a meeting.
4. Every matter shall be determined by a majority of votes of the members of the Executive Committee present and voting on the question but in the case of equality of votes the chairman of the meeting shall have a second or casting vote.
5. The Executive Committee shall keep minutes, in books kept for the purpose, of the proceedings at meetings of the Executive Committee and any sub-committee.
6. The Executive Committee may from time to time make and alter rules for the conduct of the business, the summoning and conduct of their meetings and the custody of documents. No rule may be made which is inconsistent with this constitution.
7. The Executive Committee may appoint one or more sub-committees consisting of three or more members of the Executive Committee for the purpose of making any inquiry or supervising or performing any function or duty which in the opinion of the Executive Committee would be more conveniently undertaken or carried out by a sub-committee: provided that all acts and proceedings of any such sub-committees shall be fully and promptly reported to the Executive Committee and as long as the terms of reference of any such sub-committees are clearly defined in writing.

L. RECEIPTS AND EXPENDITURE

1. The funds of the Charity, including all donations, contributions and bequests, shall be paid into an account operated by the Executive Committee in the name of the Charity at such bank as the Executive Committee shall from time to time decide. All cheques drawn on the account must be signed by at least two members of the Executive Committee.
2. The funds belonging to the Charity shall be applied only in furthering the objects.

M. PROPERTY

- 1 Subject to the provisions of sub-clause (2) of this clause, the Executive Committee shall cause the title to:
 - (a) all land held by or in trust for the charity which is not vested in the Official Custodian for Charities; and
 - (b) all investments held by or on behalf of the charity.

to be vested either in a corporation entitled to act as custodian trustee or in not less than three individuals appointed by them as holding trustees. Holding trustees may be removed by the Executive Committee at their pleasure and shall act in accordance with the lawful directions of the Executive Committee. Provided they act only in accordance with the lawful directions of the Executive Committee, the holding trustees shall not be liable for the acts and defaults of its members.

2. If a corporation entitled to act as custodian trustee has not been appointed to hold the property of the charity, the Executive Committee may permit any investments held by or in trust for the Charity to be held in the name of a clearing bank, trust corporation or any stockbroking company which is a member of the International Stock Exchange (or any subsidiary of any such stockbroking company) as nominee for the Executive Committee, and may pay such a nominee reasonable and proper remuneration for acting as such.

N ACCOUNTS

The Executive Committee shall comply with their obligations under the Charities Act 1992 (or any statutory re-enactment or modification of that Act) with regard to:

1. the keeping of accounting records for the Charity;
2. the preparation of annual statements of account for the charity;
3. the auditing or independent examination of the statements of account of the Charity; and
4. the transmission of the statements of account of the Charity to the Commissioners.

O ANNUAL REPORT

The Executive Committee shall comply with their obligations under the Charities Act 1992 (or any statutory re-enactment or modification of the Act) with regard to the preparation of an annual report and its transmission to the Commissioners.

P ANNUAL RETURN

The Executive Committee shall comply with their obligations under the Charities Act 1992 (or any statutory re-enactment or modification of that Act) with regard to the preparation of an annual return and its transmission to the Commissioners.

Q ANNUAL GENERAL MEETING

1. There shall be an annual general meeting of the Charity which shall be held in the month of July in each year or as soon as practicable thereafter.
2. Every annual general meeting shall be called by the Executive Committee. The secretary shall give at least 21 days' notice of the annual general meeting to all the members of the Charity. All the members of the Charity shall be entitled to attend and vote at the meeting.
3. Before any other business is transacted at the first annual general meeting the persons present shall appoint a chairman of the meeting. The chairman shall be the chairman of subsequent annual general meetings, but if he or she is not present, before any other business is transacted, the persons present shall appoint a chairman of the meeting.
4. The Executive Committee shall present to each annual general meeting the report and accounts of the Charity for the preceding year.
5. Nominations for election to the Executive Committee must be made by members of the Charity in writing and must be in the hands of the secretary of the Executive Committee at least 14 days before the annual general meeting. Should nominations exceed vacancies, election shall be by ballot.

R SPECIAL GENERAL MEETINGS

The Executive Committee may call a special general meeting of the Charity at any time. If at least ten members request such a meeting in writing stating the business to be considered the secretary shall call such a meeting. At least 21 days notice must be given. The notice must state the business to be discussed.

S PROCEDURE AT GENERAL MEETINGS

1. The secretary or other person specially appointed by the Executive Committee shall keep a full record of proceedings at every general meeting of the Charity.
2. There shall be a quorum when at least twenty members of the Charity are present at any general meeting.

T NOTICES

Any notice required to be served on any member of the Charity shall be in writing and shall be served by the secretary or the Executive Committee on any member either personally or by sending it through the post in a prepaid letter addressed to such member at his or her last known address in the United Kingdom, and any letter so sent shall be deemed to have been received within 10 days of posting.

U ALTERATIONS TO THE CONSTITUTION

1. Subject to the following provisions of this clause the Constitution may be altered by a resolution passed by not less than two thirds of the members present and voting at a general meeting. The notice of the general meeting must include notice of the resolution, setting out the terms of the alteration proposed.
2. No amendment may be made to clause A, clause C, clause J or, clause V or this clause without the prior consent in writing of the Commissioners.
3. No amendment may be made which would have the effect of making the Charity cease to be a charity at law.
4. The Executive Committee should promptly send to the Commissioners a copy of any amendment made under this clause.

V DISSOLUTION

If the Executive Committee decides that it is necessary or advisable to dissolve the Charity it shall call a meeting of all members of the Charity, of which not less than 21 days notice (stating the terms of the resolution to be proposed) shall be given. If the proposal is confirmed by a two-thirds majority of those present and voting the Executive Committee shall have power to realise any assets held by or on behalf of the Charity. Any assets remaining after the satisfaction of any proper debts and liabilities shall be given or transferred to such other charitable institution or institutions having objects similar to the objects of the Charity as the members of the Charity may determine or failing that shall be applied for some other charitable purpose. A copy of the statement, for the final accounting period of the Charity must be sent to the Commissioners.

W ARRANGEMENTS UNTIL FIRST ANNUAL GENERAL MEETING

Until the first annual general meeting takes place this constitution shall take effect as if references in it to the Executive Committee were references to the persons whose signatures appear at the bottom of this document.

This constitution was adopted on the date mentioned above by the persons whose signatures appear at the bottom of this document.

Signed Chairman

C. Swan

Secretary

Sarah Powell

Treasurer

[Signature]

Committee Members

B. Wearne. Sandy Collington. K. Weller.